

IRAN

YOUTH SUMMER CAMP

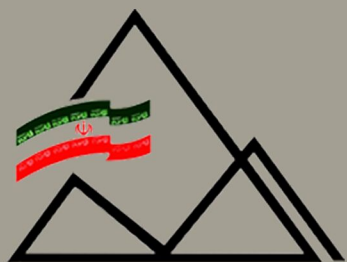
MT. SABALAN
4811M
YOUTH COMMISSION
OF
UIAA
IMSCF

23 - 30 AUGUST
2016



Youth Commission of UIAA and IMSCF done the first Damavand summer camp on 2015 successfully.

We could reach to aims of first camp and now on 2016 we want hold the second camp on Mt. Sabalan In this camp to be hold since 23 to 30 August 2016.



I.R.Iran Mountaineering
& Sport Climbing Federation



UIAA



SUMMER CAMP DETAILS

MANAGEMENT

YOUTH COMMITTEE OF UIAA

YOUTH COMMITTEE OF IMSCF

DATE

23 - 30 Aug

PLACE

IRAN - Ardebil province

MISSION STATEMENT

It's opportunity to youth climbers can learn the ice climbing techniques

Climb the 4000m peak from icefall route in safe and training atmosphere

Use the experience and climb the ice fall with great climbers and instructors

Climb the normal route for the climbers who dont want climb from icefall

Reach to one of most beautiful mountains with a lake on top 4811m

Culture exchange between the youth climbers around the world

Learn the Ice climbing techniques from basic level



Sabalán 4811 m.



SABALAN SUMMER CAMP

WWW.MSFI.IR | MAHMOOD.HS@GMAIL.COM | +98 9354864066

CAMP TERMS

Accommodation:

Hotel in Tehran

Hotel or Hostle in Ardebil

Tent/Hut in 3800m

Food:

Full board and lunch box



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Participants:

Young people aged 16 years 32. If under 18 to be accompanied by a qualified Federation Leader. Parental consent must be obtained for under 18's be the sending Federation who is responsible for the young participant.

Note: IMSCF has seperated insurance for all participants, but the members must have also their own insurance.

Equipment:

Mountain clothes for high altitude, cold and windy weather including: mountain boots, sleeping bag, helmet, sun glasses, gloves, hat, navigation equipment/GPS etc. camera, personal first aid kit, waterproofs, ice ax, crampon, 3 carabine, ascender, harness and helmet. Contact us if you need more advice on equipment and you can, also, ask your Mountaineering Federations advice.

Registration **INFO**

Send the registration form to
Deadline 05, August

Info@MSFI.ir

Mahmood.hs@gmail.com

WWW.MSFI.IR

For more information

0098 935 486 4066

Viber, Telegram, What's app, IMO

Mahmoud Hashemi (0098) 9354864066

Iraj Maani (0098) 9373139270

I.R.Iran Mount Federation - No 19, 8th Baharestan st,
Pasdaran Ave, Tehran - Iran

(0098-21) 22569995,6 - 22764500 Fax: 22764531

Itinerary

Day Of Week	Date	Program	Plan I Trek or Course	Plan II	Plan III	Plan IV
Tue	Aug 23	Arrival to Hotel & Register O/N Hotel	✓	✓	✓	✓
Wed	Aug 24	Evening time transfer to Ardebil province O/N Hotel	✓	✓	✓	✓
Thu	Aug 25	Transfer to Shahbil Village, transfer to Start point of Ice climb point	✓		✓	✓
		Transfer to Shahbil Village, trek to Hut	✓	✓	✓	✓
Fri	Aug 26	Ice climbing train course	✓		✓	✓
		Acclimatization on normal route	✓	✓	✓	✓
Sat	Aug 27	Ice climbing train course	✓		✓	✓
		Ascend to sabalan peak	✓	✓	✓	✓
Sun	Aug 28	Climb the ice fall to Sabalan peak	✓		✓	✓
		Descend to Shahbil and visit the nomad tribes	✓	✓	✓	✓
Mon	Aug 29	Descend to Shahbil Village and swim in hot sprit mineral waters	✓	✓	✓	✓
Tue	Aug 30	City sight in Ardebil, gala dinner and transfer back to Tehran	✓	✓	✓	✓
Wed	Aug 31	City sight in Tehran and end of UIAA Event	✓	✓	✓	✓
Thu	Sept 01	Transfer to Polour and transfer to C2 by 4*4 Jeeps		✓	✓	
		Transfer to Kashan and city sight				✓
Fri	Sept 02	Climb to C3 on 4250m		✓	✓	
		Transfer to Isfahan and city sight				✓
Sat	Sept 03	Rest day		✓	✓	
		City sight in Isfahan and transfer to airport				✓

Sun	Sept 04	Summit day		✓	✓	
Mon	Sept 05	Descend to Polour and transfer back to Tehran		✓	✓	
Tue	Sept 06	Transfer to Kashan and city sight			✓	
Wed	Sept 07	Transfer to Isfahan and city sight			✓	
Thu	Sept 08	City sight in Isfahan and transfer to airport			✓	

Plan I: UIAA Mt. Sabalan Event, Just note that you want to attend in ice course or normal trek of Sabalan

Plan II: UIAA Mt. Sabalan Event, Just note that you want to attend in ice course or normal trek of Sabalan, Then climb Mt Damavand

Plan III: UIAA Mt. Sabalan Event, Just note that you want to attend in ice course or normal trek of Sabalan, Then climb Mt Damavand with Isfahan and Kashan city sight.

Plan IV: UIAA Mt. Damavand Event with Tehran, Kashan Esfahan cities sight and Historical Abyaneh village.

Notes:

- ✓ All the groups are under coverage by Iranian Insurance Company
- ✓ Security for all groups in this chart are by I.R.Iran Muntaineerng & Sport Climbing Federation
- ✓ Each groups contain 4 participant with max. 2 adult member
- ✓ All the meals on all programs are full board B/L/D
- ✓ The responsibility of Iran Visa Issuance is by I.R.Iran Muntaineerng & Sport Climbing Federation
- ✓ For Visa please contact to Mahmoud Hashemi
- ✓ The city sights are optional and flexible as your request

Registration fee:

Plan I € 500

Plan II € 980

Plan III € 1580

Plan IV € 1050

Visit
IRAN
& MAKE YOUR ADVENTURE



I.R. Iran Mountaineering
& Sport Climbing Federation



UIAA

UIAA & IMSCF SUMMER CAMP
MT. DAMAVAND & MT. SABALAN
SECOND SUMMER CAMP OF IMSCF

MT. DAMAVAND
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