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| All details below to be completed by participant – Please disclose any medical conditions that you think may be relevant to being in the outdoors on a walk… thank you. |
| Full name |  |
| Mobile: |  | Home tel: |  |
| Email |  |  |  |
| Emergency Contact DetailsInclude name, telephone number and address:Relationship to emergency contact: |
| Medical & Well-Being Matters |
| Do you have any medical or well-being concerns or conditions you feel we should know about? (Include details about Asthma, Diabetes, Epilepsy, Heart conditions, Anxieties etc if applicable)  |  |
| Please include below details of all medicines or treatments currently being taken, including any allergies e.g. allergy to penicillin, plasters etc or special dietary requirement/ other information to help us keep you safe and well.  |
| Medicine/Tablets |  |
| Allergies |  |
| Anxieties |  |
| Dietary requirements |  |
| Other treatment |  |
| National Health Service Medical Card No (if known):  |  |
| Your doctor’s name, surgery name &address |  |
| Surgery telephone numbers |  |
| Any Religious needs |  |
| Consent |
| * I am aware that climbing, hill walking and mountaineering are activities with a danger of personal injury or death.
* I have understood the nature of the activity and accept the risk involved.
* I consent to any emergency medical treatment necessary during the course of the event, including the administration of anaesthetics.
* I consent/do not consent (delete as applicable) to travelling in a car if necessary (eg. To visit a hospital/ medic.)
* It is intended to take photographs at the event. These may be used in magazine articles or for general publicity purposes.
* I consent/do not consent (delete as applicable) to the BMC and the Event Organiser taking and using photographic images of myself.
 |
| **SIGNED**  |  |
| Date |  |
| **BMC Participation Statement** The BMC recognises that climbing, hill walking and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement |