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ARISF

PROT. 2016/SD/053  
IFSC National Federations

Torino, 18<sup>th</sup> May 2016

Subject: New Classification and Categories for IFSC Paraclimbing Events

Dear National Federations,

In order to allow a more accurate, fair and clear management of the Paraclimbing events, the IFSC reviewed the existing system of regulations. In particular, the one regarding the Classification and the Categories.

This review intervenes in the perspective of several categorisation issues reported during the events of the previous years and ahead of our World Championship in Paris this year.

This review will be included in an updated version of the Rules that was published on 17<sup>th</sup> May. However, in order to help you to manage the transition to these new categories, please find some information on the next implementation steps.

We remain of course at your entire disposal to accompany you in this process should you have any questions.

Best regards,

Jérôme Meyer,  
*IFSC Sport Director*



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## 1. Reviewed Classes and Categories

Class	Category	Impairment	Body Part	Level of impairment
Visual	B1	Visual	Both Eyes	Blind competitors
	B2		Both Eyes	Competitors having a visual acuity of up to 2/60 and/or a visual field of less than 5%
	B3		Both Eyes	Competitors having a visual acuity between 2/60 and 6/60 and/or a visual field between 5% and 20%.
Amputee	AL-1 (seating)	Loss of Limb or Limb deficiency	2 legs	Full (No hip, no Joint) or combination of any
	AL-2		1 Leg	Full, Leg hip joint, Tibia
	AU-1 (Arm amputee)		2 or 1 arm	<ul style="list-style-type: none"> <li>- 2 arms: Full or combination of any</li> <li>- 1 arm: Full (No shoulder, no joint) or amputee of shoulder joint</li> </ul>
	AU-2 (Forearm amputee)		1 arm	<ul style="list-style-type: none"> <li>- No forearm</li> <li>- No Hand (Wrist joint existing)</li> <li>- All fingers (included thumb and no finger joint)</li> </ul>
Limited range, power or stability: LRP <i>(former Neuro and Physiological Disabilities)</i>	RP1	Hypertonia	All	Permanent spasticity through flexion or extension
		Impaired Muscle power	All	<ul style="list-style-type: none"> <li>- Spasticity or severe athetosistic movement from 4 limbs</li> <li>- Moderate to severe trouble of tonus in 4 limbs</li> </ul>
		Ataxia	All	Very weak strength and / or severe control problem of upper or torso limbs
	RP2	Impaired passive range of movement	<ul style="list-style-type: none"> <li>- Shoulder,</li> <li>- Junction between shoulder and elbow,</li> <li>- Torso (Trunk)</li> </ul>	Any

		Hypertonia	All	Considerably increase of muscular tonus
		Impaired Muscle power	All	<ul style="list-style-type: none"> <li>- Trouble of tonus on 2 to 4 limbs</li> <li>- Moderate to severe trouble of tonus in 2 lower limbs</li> <li>- Severe troubles of lower limbs creating walking difficulties</li> </ul>
		Athetosis	All	<ul style="list-style-type: none"> <li>- Limited strength and / or moderate control problem of upper or torso limbs</li> <li>- Correct functional value and negligible control problem of upper or torso limbs</li> </ul>
	RP3	Impaired passive range of movement	<ul style="list-style-type: none"> <li>- Elbow,</li> <li>- Junction between Elbow and Wrist</li> <li>- Wrist</li> <li>- Waist</li> <li>- Junction between Waist and Knee</li> <li>- Knee</li> <li>- Junction between Knee and ankle</li> </ul>	Any
		Hypertonia	All	Moderate increase but easily noticeable
		Impaired Muscle power	All	<ul style="list-style-type: none"> <li>- Moderate to severe control problem in 4 limbs and torso with coordination difficulty when running</li> <li>- Negligible to moderate trouble of tonus in 4 limbs</li> <li>- Negligible to moderate trouble of tonus of hemicorp</li> <li>- Minimal hemiplagia or quadriplegia impact leaving possibility to run without asymmetry</li> </ul>
		Athetosis	All	<ul style="list-style-type: none"> <li>- Increase of tonus trouble in one or all lower limbs creating an asymmetry</li> <li>- Increase of tonus trouble in one or all lower limbs creating an asymmetry</li> </ul>

**NOTE:** The figures attached to the category code represent the importance of the impairment.  
e.g.: B1, RP1... mean a more important impairment than B3, RP3...

## 2. Implementation process

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### > Competition registration

- 17<sup>th</sup> May 2016 : Categories are enforced after a Rules revision and publication.
- 19<sup>th</sup> May: New categories are implemented in Egroupware, the IFSC registration system. IFSC Office will transfer already registered Athletes and inform them to validate this transfer.
- After 19<sup>th</sup> May, every new registration shall be done using the new categories.
- Medical visits at event will confirm the new categories.

**NOTE:** Registration deadline for Paraclimbing World Championships is on 14<sup>th</sup> July 2016

### > Assistance to re-categorisation

The IFSC may help you to define eventual new categories. The Medical protocols used for the event medical visits will be prepared as soon as possible and published.

In the meanwhile, please proceed with a medical examination in your home country and send the IFSC the conclusion and the categories you think are relevant for a particular athlete. The Medical Commission will evaluate the demands.

### > Contact

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