



BMC Winter Mountaineering Course

Ballachulish, Scotland

28-29 January 2017

COURSE INFORMATION

Course Overview

This advanced course in winter mountaineering skills aims to develop the techniques required to tackle graded winter climbs in the Scottish Highlands. This weekend course will refresh any existing winter skills and introduce snow, ice and rock anchors, avalanche evaluation, dry tooling or ice climbing techniques and rescue scenarios. There will be 1 instructor per two clients.



Course Outline

To climb safely in the Scottish Mountains in winter requires a whole set of skills and the development of good judgement. Ideally located in Glencoe and within reach of Ben Nevis this course is designed to give climbers those skills and to draw an awareness to the potential hazards that comes with winter climbing. If you have previous winter hill walking/climbing or Alpine experience and enjoy the challenges the mountains bring then this weekend is ideally suited for you. Enthusiasm, persistence and a sense of humour is needed to make the best of Scottish Winter Climbing.

Day 1 will focus on:

Refreshing current winter skills

- Avalanche awareness
- The winter climbing rack
- Choice of climbing tools
- Snow, Rock and Ice anchors

- Evening Lecture (Safety lecture)

Day 2 may include:

- Completing a graded climb
- Dry tooling in preparation for mixed climbing.
- Ice climbing (top roping)
- Rescue Scenarios



As the conditions in Scotland dictate the course programme, the exact venue and content of the day will be decided on the morning of the course.

Level of experience

This weekend course is for those people who have previous winter mountaineering / hill walking or Alpine experience and wish to transfer their skills onto graded winter climbs.

You can expect to spend at least 6 hours or more on the hill so ensure that you have the physical fitness to cope with this.

Location

The Alex McIntyre Hut will be the base for this course. You will need to provide your own sleeping bag, towel, personal toiletries, food etc. as you would for any stay in a climbing hut. Accommodation has been booked in the hut on both the Friday and Saturday night for all course members. The course will start at 8am Saturday Morning.

Instructor



Adele Pennington (MIC)

Adele is a passionate winter climber and has over twenty five years experience of Scottish winter hill walking and climbing. She is a well known instructor with an infectious spirit and enthusiasm for Scottish winter mountaineering. Now living close to Fort William Adele is on the spot to assess the conditions daily. This together with an extensive knowledge of the mountains around Fort William and Glencoe makes sure she can make the most of each winter day.

Paul Lewis (MIC)

Paul is a Peak District based Mountain Instructor Certificate (MIC) holder with extensive experience running navigation courses and working on mountain leader training and assessment courses. He is a full member of the Association of Mountaineering Instructors (AMI).

Price

£160 per person for the whole weekend

Included: shared self-catering accommodation (Friday & Saturday night), instruction on Saturday and Sunday (ratio of 1:2), group equipment, evening slide show

Not included: meals, personal equipment, transport, personal insurance, uplift Anoch Mor (£10.50) or Glencoe (£6.00) or Ice Factor (£20)

To secure your place please click to [book online](#) via the BMC website, or follow the link on the course information page . www.thebmc.co.uk/clubs/courses