



BMC Winter Mountaineering Course - Extension Ballachulish, Scotland

30 January – 1 February 2017

COURSE INFORMATION

Course Overview

This advanced course in winter mountaineering skills aims to develop the techniques required to tackle graded winter climbs in the Scottish Highlands. It is aimed at those who already have experience of winter climbing and wish to refresh/update their skills, or those who have attended the BMC Winter Mountaineering weekend course.

There will be 1 instructor per two clients.



Course Outline

To climb safely in the Scottish Mountains in winter requires a whole set of skills and the development of good judgement. Ideally located in Glencoe and within reach of Ben Nevis this course is designed to give climbers those skills, and to draw an awareness to the potential hazards that comes with winter climbing. If you have previous winter climbing or Alpine experience and enjoy the challenges the mountains bring then this weekend is ideally suited for you. Enthusiasm, persistence and a sense of humour is needed to make the best of Scottish Winter Climbing.

This course will refresh any existing winter skills and further develop skills in snow, ice and rock anchors, avalanche evaluation, dry tooling or ice climbing techniques and rescue scenarios.

All 3 days of this course will be primarily spent on the hills.

As the conditions in Scotland dictate the course programme, the exact venue and content of the day will be decided on the morning of the course and tailored to the group's requirements.

Level of experience

This course is for those people who have previous winter mountaineering or Alpine experience and wish to develop their skills on graded winter climbs.

You can expect to spend at least 6 hours or more on the hill so ensure that you have the physical fitness to cope with this.

Location

The Alex McIntyre Hut will be the base for this course. You will need to provide your own sleeping bag, towel, personal toiletries, food etc. as you would for any stay in a climbing hut. Accommodation has been booked in the hut from the Sunday night to Wednesday morning for all course members. The course will start at 8am Monday morning

Lead Instructor



Adele Pennington (MIC)

Adele is a passionate winter climber and has over twenty five years experience of Scottish winter hill walking and climbing. She is a well known instructor with an infectious spirit and enthusiasm for Scottish winter mountaineering. Now living close to Fort William Adele is on the spot to assess the conditions daily. This together with an extensive knowledge of the mountains around Fort William and Glencoe makes sure she can make the most of each winter day.

Price

£240 per person for the 3-days

Included: shared self-catering accommodation (Sunday, Monday & Tuesday nights), instruction on Monday, Tuesday and Wednesday (ratio of 1:2), group equipment

Not included: meals, personal equipment, transport, personal insurance, uplift Anoch Mor (£10.50) or Glencoe (£6.00) or Ice Factor (£20)

To secure your place please click to [book online](#) via the BMC website, or follow the link on the course information page . www.thebmc.co.uk/clubsourses